

N E W S R E L E A S E

FOR IMMEDIATE RELEASE

FROM: BAY VALLEY MEDICAL GROUP

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Photo Available via E-mail

**DR. RICHARD HO JOINS BAY VALLEY MEDICAL GROUP'S
CASTRO VALLEY OFFICE**

Long-time Castro Valley Physician Opts for Change After 25 Years in Private Practice

CASTRO VALLEY, CA – December 1, 2008 – Bay Valley Medical Group announced today that Richard Ho, M.D. will be joining its Castro Valley office December 1st. Dr. Ho has been a highly regarded internal medicine physician in Castro Valley for twenty-five years.

Bay Valley Medical Group has served the east bay community since 1954 and is one of the few independent, physician-owned medical groups in northern California. Bay Valley Medical group provides high quality, multi-specialty health care with a long-term commitment to the physical and emotional well being of its patients.

“I’ve always admired the professionalism of Bay Valley Medical Group and the services they provide to the community. By combining my practice with the Castro Valley office, I look forward to becoming a member of their outstanding team of diverse physicians and support staff; my patients will be well-served,” said Dr. Ho.

Dr. Ho graduated from the UCLA School of Medicine and completed his residency at Kaiser Hospital in San Francisco. Shortly after completing his residency, Dr. Ho opened his own practice in Castro Valley and has been serving patients there for 25 years.

Eric S. Kohleriter, M.D., medical director with Bay Valley notes, "Dr. Ho has always been a well-respected provider of medicine in the Castro Valley community. We welcome him and look forward to the contribution he will make to our medical group."

Earlier this year, Bay Valley Medical Group expanded services in their new Castro Valley office, located at 20126 Stanton Ave, Ste 201. The new office offers family medicine, obstetrics/gynecology, pediatrics and podiatry for its patients in the San Leandro, San Lorenzo, Castro Valley and Hayward communities. In addition to Dr. Ho, Castro Valley's medical staff includes Dr. John Nackley and Dr. Melinda Ragins, pediatricians, Dr. Ron Hull, podiatrist and Dr. Suman Veeragandham and Dr. Kala Chandler both specialists in obstetrics and gynecology. The office hours are Monday through Friday 8:30am to 5:30pm; telephone is 510-581-2559.

Bay Valley Medical Group provides compassionate care and service to its patients through partnership with physicians, hospitals and health plans. The medical group has four offices-- Hayward, Pleasanton, Danville and Castro Valley. In addition, over the past decade, Bay Valley Medical Group has grown to include a network of 350 affiliate physicians practicing at six local and three referral hospitals. For a complete physician listing or for more information on Bay Valley Medical Group, please visit www.bayvalleymedicalgroup.com or phone customer service at 510-785-5000.

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